



Virtual Tea Party

Tuesday, Oct. 27, 2015 9:00 PM – 9:30 PM, Washington DC

HOT STYLE TRENDS	AICIDC NEWS	#IMAGEDAY	SHOW HOST
			
Kelly Machbitz AICI CIP	Yelena Jackson AICI WDC Pres.	Jane O. Smith VP Programs	Cindy Ann Peterson AICI FLC/Past Pres.

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Tea Party Recipe, Hot Fashion Trends For Fall & Holidays by: Kelly Machbitz, AICI CIP with Cindy Ann Peterson, AICI FLC AICI Washington DC Metro Chapter Virtual Tea Party

'Friendship is the Spice of Life' Tea Party Recipe by Kelly Machbitz, AICI CIP 'One' Banana – Banana Bread

My husband hates bananas and since he does the grocery shopping, we never have them in the house. My sister came for a short visit a week ago and brought a banana with her to have with her morning cereal. She didn't eat it and it was left on our kitchen counter slowly turning brown. Finally my husband asked if I could make banana bread with it. I questioned why he like banana bread but never purchased bananas. Apparently, it has something to do with the texture. I checked all my recipe books and most call for two or more bananas. After a little searching on the internet, I found this recipe and tried it out. My husband and I gave it two thumbs up! Next time you have just one overly ripe banana, try it out!

Ingredients:

- 1 large very ripe banana
- 1 egg with enough milk to make 1 cup (I used Almond Milk)
- 1 stick of butter (softened)
- 1 ½ cup flour
- 1 cup sugar (I used sugar substitute)
- 1 tsp. Baking soda
- dash of cinnamon
- chocolate chips (optional-but highly recommended!)
- chopped walnuts (optional)

Preheat oven to 350 degrees

Mix all ingredients except chocolate chips and walnuts until smooth.

Grease baking pan.

Mix chips and nuts into batter.

Bake at 350 degrees for 55 minutes. (Use a toothpick to determine if center is cooked. Toothpick should come out clean if completely cooked through.)



2015 Fall Fashion Trends:

1. Capes



2. Pleats



3. Car Wash Hemlines



4. Tapestry Prints, Florals and Plaids



Houndstooth

5. Touch of Fur/Shearling (vests, cardigans and coats)



6. Fringe



7. Velvet



8. The Pant Suit



9. The Statement Coat



10. Ankle Bootie



Holiday Fashion Trends:

1. Metallic/Statement Earrings



2. Lace/Cut Outs/Illusion Panels



3. Full Length Fur Coats



**Special Thank You to Virtual Tea Party Featured Guest:
Kelly Machbitz, AICI CIP**

With over a decade of television appearances, Kelly Machbitz, AICI CIP appears regularly on WFLA News Channel 8's Daytime TV, and was the on-air beauty expert for CBS 10 Connects News for more than 3 years. She has also appeared on Fox 13, HSN, and NBC News' 48 Hours. Frequently called upon in print media, Kelly is now the Tampa Fashion and Beauty columnist for examiner.com. Kelly is a licensed Esthetician and author of All About Face, A Complete Guide to Makeup and Skin Care (St. John's Press) and Wear This, Not That! Stylish Solutions to Flatter Your Figure (Amazon.com). She has an Association of Image Consultants International CEU approved training program and owns and operates a successful consulting practice in Clearwater, Florida. Most recently, Kelly has received the title of Executive Consultant for Rodan + Fields Dermatological Skin Care.

For more information, visit Kelly's website at TotalFashionMakeover.com.
www.kellymach.myrandf.com (products)
www.kellymach.myrandf.biz (opportunity)

AICI Washington DC Metro Chapter www.aiciwdc.org

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